

GOAL SETTING BRAINSTORMING

Using the areas of life listed below, create a goal for each of them! Use the extra lines for other areas!

1. Family _____

2. Housekeeping _____

3. Health _____

4. Spirituality _____

5. Career _____

GOAL SETTING BRAINSTORMING

Using the areas of life listed below, create a goal for each of them! Use the extra lines for other areas!

6. Finances _____

7. Relationships _____

8. Community _____

9. Personal Growth _____

10.. Recreation _____

GOAL SETTING BRAINSTORMING

Using the areas of life listed below, create a goal for each of them! Use the extra lines for other areas!

Other: _____

Other: _____

Other: _____

Other: _____

Other: _____
