QUARTER 4 GOAL SETTING MASTERCLASS SERIES

with A Purpose Driven Mom

Super excited to help you create your quarterly action plan to end the year with success!

Whether your goal is to have a certain number of date nights a month, spend more 1:1 time with your kids or create family goals you can all get on board with, this 3 day class will help you get there!

I'm Cara Harvey - mom of 3 and productivity mentor to moms. I know what it's like to feel super busy and that you and your goals have to take a back seat. Over the years, I've found that when I am intentional about my goals and schedule - I can do more than just survive the day-to-day.

I'd love to connect more so if you want more goal setting tips, come and hang with me on my podcast "The Purpose Driven Mom Show' or on my site www.apurposedrivenmom.com

Excited to Get to Know you Better!
–Cara

Quarter 3 Reflection

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Word of the Year Reflection

How I showed Up

Where I struggled to Show Up...

Quarter 3 Reflection

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Focus Areas

Sucesses

Struggles

Goals Braindump

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Drop ALL your Ideas Below

In Progress Goals

New Ideas for Goals

Planning Your Events

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October

November

December

Crafting Your Monthly Themes

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October

November

December

October Goals

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Family	Health
Finances	Personal
Spiritual	Growth

November Goals

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Family	Health
Finances	Personal
Spiritual	Growth

December Goals

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Family	Health
Finances	Personal
Spiritual	Growth

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Breaking Down Numerical Goals

It's time to adjust and break down your numerical goals. Use the boxes below to do the math on your current and new quarterly numerical goals, then add them to your monthly goal sheet.

Project Based Goals - 15 Minute Breakdowns

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Breakdown Your Big Project Goals into Small Chunks

Project Based Goals - 15 Minute Breakdowns

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Breakdown Your Big Project Goals into Small Chunks

Project Based Goals - 15 Minute Breakdowns

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Breakdown Your Big Project Goals into Small Chunks

Habit & Routine Stacks

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Week of October 4th

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Habits to Track

Learning

Actions & Projects

Week of October 11th

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Habits to Track

Learning

Actions & Projects

Week of October 18th

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Habits to Track

Learning

Actions & Projects

Week of October 25th

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Habits to Track

Learning

Actions & Projects

Week of November 1st

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Habits to Track

Learning

Actions & Projects

Week of November 8th

QUARTER 4 GOALS MASTERSERIES

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Habits to Track

Learning

Actions & Projects

Week of November 15th

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Habits to Track

Learning

Actions & Projects

Week of November 22nd

QUARTER 4 GOALS MASTERSERIES

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Habits to Track

Learning

Actions & Projects

Week of November 29th

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Habits to Track

Learning

Actions & Projects

Week of December 6th

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Habits to Track

Learning

Actions & Projects

Week of December 13th

QUARTER 4 GOALS MASTERSERIES

with A Purpose Driven Mom

Habits to Track

Learning

Actions & Projects

Week of December 20th

QUARTER 4 GOALS MASTERSERIES

with A Purpose Driven Mom

Habits to Track

Learning

Actions & Projects

Week of December 27th

QUARTER 4 GOALS MASTERSERIES

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Habits to Track

Learning

Actions & Projects

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NOTES

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Let's Connect More!

I'd love to keep helping you on your journey!

Here are a few ways we can connect -

The Purpose Driven Mom Show: Follow my podcast anywhere you listen (apple podcasts, google play, spotify and more!)

Watch the free on demand workshop on How to Find Time To Take Massive Action On Your Goals without Overwhelm!

Head over to watch now or sign up for a time
--> www.apurposedrivenmom.com/goals